

# Informatieformulier Information Nitrogen Plasma System



basicSkincare

**You have just had a nitrogen plasma system consultation for your face. You are requested to read this information carefully.**

Luchthavenweg 31  
5657 EA Eindhoven  
**T:** (+31) 6 29 22 50 20  
**E:** [huidtherapie@basicskincare.nl](mailto:huidtherapie@basicskincare.nl)  
**W:** [basicskincare.nl](http://basicskincare.nl)

## Prior to your treatment:

- Do not sunbathe and / or use a solarium 4 weeks prior to treatment. If you cannot avoid the sun, we recommend that you use a sunscreen with an SPF of at least 30. If you are outside for a longer period of time, we recommend applying the sunscreen every 2 hours.
- 2 weeks before the plasma treatment do not use a self-tanning cream in the laser area.
- No foundation or pigment-containing powder may be present on the skin on the day of treatment.
- Discuss the treatment goal and the extent of skin reaction after treatment.
- It is important that you have truthfully informed the skin therapist about your health, medication use, allergies and / or pregnancy. If there is a change in the aforementioned situations, we ask you to report this to us in time in due to the possible influence of this on the plasma treatment.
- **PAY ATTENTION:**  
If you have an active cold sore, DO NOT treat in the face for up to 2 weeks after complete recovery due to virus spread.

## During your treatment

- At the first treatment the treatment area is determined and the intensity, together with you, is chosen depending on your treatment indication. These may include the following indications; tightening / strengthening, equalization of diffused dispersed pigment / melasma, reduction of (acne) scars or a combination thereof.
- Please note that the treatment can be sensitive. You can feel warmth in the skin.
- Plasma energy is derived from excited nitrogen gas. During treatment Plasma uniquely preserves the skin's outer layers which act as a natural protective dressing until your new healthy skin regenerates beneath.



## After treatment

- Immediately after treatment put on the care needed and keep dry for 24-48 hours.
- Patients should start with splashing luke warm water for cleansing until day 5. After day 5 they may start with their regular cleanser. Start using peeling products after 10 days minimum.
- Excessive moisturising will prolong the flaking process.
- Lubricate the treated area with a very basic moisturiser, only if itching persists.
- Do not use laser repair creams, stem cells or any cream to try and repair the denatured layers.
- Use of any anti-inflammatory methods, topical or oral medication is not recommended.
- Please note that the skin turns red for up to 9 days after treatment and that "dots" may be visible.
- Depending on the treatment area, the condition of your skin and your desired outcome, one to six treatments may be recommended. Recovery time is related to the strength of the treatment performed. Following your treatment you will see improvements which will become even more dramatic over time.
- Patients should avoid sun exposure or solarium after treatment until healing has completed, usually 14 days. When you're outside for a longer period of time, we recommend to re-apply the sunscreen every two hours.
- Heliocare or Mesoestetic sunscreen products protect you against all types of UVA, UVB, HEV and IR light. These products are available in the clinic. By preference we suggest to use a mineral sunscreen only.
- If you suspect a complication due to plasma treatment or if you do not trust the skin reaction, we advise you to contact Basic Skincare's skin therapist +31 6 29 22 50 20.

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